

# SAFETY LINE



## 2020 OFFICER SEMINAR

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We were fortunate enough to arrange our 2020 Officer's Seminar to be a bit more tropical this year by moving locations to the Lido Beach Resort in Sarasota, FL from February 3–7. With the resort located right on the beach, it is safe to say this was one of the best seminars yet!

The Seminar kicked off Monday, Feb 3rd with a cocktail reception outside on the Pool Deck followed by a Kick-Off Dinner in the Royal Palm Ballroom. Both functions were a great success as sailors from all fleets were gathered together getting a chance to know each other better. The Kick-Off dinner finished up with President Don Kurz speaking to all about Keystone's promising outlook.



Sailors and Office Personnel Enjoying the Beach Party

The following day kicked off just as it does every year with our Safety State of the Union presentation and the lessons were off and running. Throughout the course of the week there were some very important topics discussed such as Transas Navigation, MARAD Activations, Rigging, Onboard Investigations, Communication, I.T Workstation Security, among many others as well as roundtable discussions for each of the fleets with Office Senior Management. There are a number of these presentations in the DOCMAP portal for anyone who would like to revisit some valuable information.

On Wednesday by noon it was time for some fun! A beach party was arranged for all with live music by D.J. Al Garcia, food, games, and adult beverages. It was great to see all involved come together to let loose and interact for a number of hours. The competition was lively as four sets of cornhole were the main attraction in use for the entire four hours with some intense battles! Some chose for some relaxation on the beach chairs scattered throughout, while a couple even braved the waters.

We hope that everyone enjoyed themselves and found the lessons valuable. A big thanks to all presenters who came from all over to help us give our sailors the best information possible. We would also like to thank all those that made this event possible with months of planning.

Most importantly, we would like to thank our attendees. Keystone would not be what it is without its mariners as well as their significant others providing them with the support they need. We thank you for everything you do and are looking forward to a successful year!



President Don Kurz at the Beach Party



John Stockert With His Wife Tara



Rich McCann With His Wife Phyllis



Robert Hodgdon With Wife Wendy

# KEY LAKES FLEET FITOUT

All Key Lakes vessels are back in service and we are looking forward to a successful 2020 season. We had a very productive winter which involved a substantial, multimillion dollar reinvestment back into the fleet to ensure the fleet is safe, reliable and efficient.

Some of the work completed this winter included Special Surveys on the M/V Edgar B. Speer, S/S Philip R. Clarke and M/V Great Republic. Steering stand upgrades on the Presque Isle, S/S Arthur M. Anderson, S/S Philip R. Clarke and M/V John G. Munson. Installation of skewed propeller blades on the M/V Edgar B. Speer. Main engine work on the M/V Edwin H. Gott, M/V Edgar B. Speer and M/V John G. Munson. L.P steam turbine reconditioning on the S/S Cason J. Callaway as well as steel renewals on all nine vessels.

Thank you to our Port Engineers Mike Peterson, Dave Hunt, Aaron Pitrago and Scott McPherson for their hard work and dedication this winter coordinating the dry-docking, capital projects and general winter work with countless vendors throughout the winter.



M/V Edgar B. Speer With a Fresh Paint Job

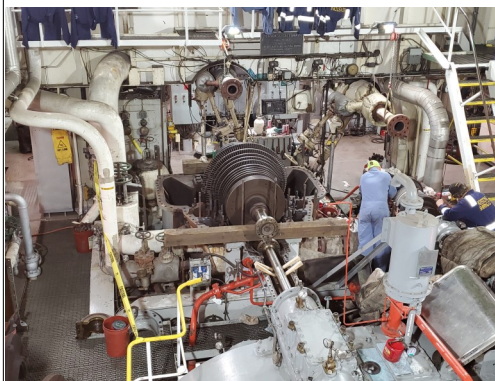


Dave Hunt and Kory Lallemond Wishing Bon Voyage to the M/V John G. Munson with the M/V Edgar B. Speer in the Background



S/S Philip R. Clarke Sitting Pretty After a New Paint Job

We would also like to send our thanks to our Port Service Coordinators and the winter work crews on each vessel, who worked tirelessly throughout the winter to ensure the vessels were ready to sail at the start of the season as well as the companies who kept our oncoming crews safe by disinfecting the vessels prior to their return during this uncertain time of COVID-19. Here is to a very successful 2020 sailing season and may all of our crews stay safe and healthy during this time.



Servicing of LP Turbine on the S/S Cason J. Callaway



S/S Arthur M. Anderson Departing Lay-Up Dock in Toledo, OH



THE WOMAN TODAY MAGAZINE—KEY LAKES 1AE KATRINA WALHEIM

In the March 2020 edition of *The Woman Today Magazine*, First Assistant Engineer Katrina Walheim of the S/S Philip R. Clarke of our Great Lakes Fleet was recognized in an article entitled “The Women of Lake Superior”.

“Katrina Walheim of Traverse City, Mich., has an incredibly unique perspective of the maritime industry. Her profession has her working from some of Lake Superior’s largest vessels, usually for two to three months at a time.

‘Right now, I am permanent First Assistant Engineer on the S/S Philip R. Clarke’, she said, ‘which is the second highest engineer on the vessel. I am currently in the process of upgrading to my Chief Engineer’s license, which is the highest position in the engine room.

I have my unlimited steam and diesel license, so I can sail on a vessel of any size with either type of propulsion’. Walheim has sailed on a variety of vessels throughout her career. ‘I have been on both steam and diesel ships’, she noted. ‘I have also sailed with American Steamship Company on the American Mariner, the American Integrity, and the Indiana Harbor. As far as Great Lakes Fleet vessels, I have sailed on the S/S Cason J. Callaway, the M/V Edwin H. Gott, the M/V Edgar B. Speer and the M/V Presque Isle.’

Walheim explained a bit about her interesting job.

‘My whole job is to maintain and operate the plant and the equipment on the vessel. What I love about my job is that it varies on a day-to-day basis, and you never know what’s going to happen, or break, so you have to be very versatile. One day I can spend my time on the open lake just doing lake rounds and working on simple fabricating or welding projects in the engine room. Another day, I can be maneuvering a river system. And then the next day, I could be working outside on a deck winch or assisting with repairs to the unloading system. It’s all very hands-on and you can’t be afraid to get dirty. As engineers aboard the vessel, we are pretty much considered jacks of all trades. Boiler water testing, electrical troubleshooting, welding, fabricating, plumbing, operating and diagnosing engine room, galley, and deck equipment are just a few of the things that I have to do on a daily basis.’

When it comes to other women in her field, Walheim said that even though women in the industry are becoming more prevalent, there are still very few. ‘In my company there are only about three permanent licensed female officers,’ she said. ‘There are quite a few cooks and second cooks who are female, though. It is not uncommon to be the only girl on the boat at a time. I am lucky, though, because on my ship, the First Mate is a female and she is also the relief Captain on our boat so there’s usually the two of us onboard at a time.’

It can be difficult to maintain a work-life balance with a career out on the Lake. ‘The first few years of sailing are especially difficult,’ she said. ‘I’ve been sailing for eight years now, so every year it gets a little easier. My friends and family understand that I’m not home all the time, but it has been hard on friendships and relationships. The ships have Wi-Fi, though, so I can usually text or send emails at all times.’

‘I’m not married and I don’t have any children or pets, so the sailing life isn’t too bad for me. I think if I was to have children, I would probably stop sailing and find some kind of shore side job within the same kind of field.’

Life on the Big Lake is an exciting life indeed. ‘I’m not a ‘sit behind a desk’ kind of worker, so I enjoy the fact that I get to work on new things every day’, Walheim said. ‘Even if it’s something I’ve worked on before, it might be a different problem, so its always kind of new, which is challenging in itself. The different scenery on the Lakes is also beautiful (even in the winter time!), so you can’t really beat that.’”

Congratulations to First Assistant Engineer Walheim on this wonderful feature that delves into the life of a female engineer on the Lakes!



Title and Art of the Article First Assistant Engineer Katrina Walheim was Featured in from *The Woman Today Magazine*



S/S Philip R. Clarke First Assistant Engineer Katrina Walheim

## COVID-19: CDC GUIDANCE

# How to Protect Yourself and Others

**Older adults and people who have severe underlying medical conditions** like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness.

## Know how it spreads



- There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19).
- **The best way to prevent illness is to avoid being exposed to this virus.**
- The virus is thought to spread mainly from person-to-person.
  - » Between people who are in close contact with one another (within about 6 feet).
  - » Through respiratory droplets produced when an infected person coughs, sneezes or talks.
  - » These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
  - » Some recent studies have suggested that COVID-19 may be spread by people who are not showing symptoms.

## Everyone should

### Clean your hands often



- **Wash your hands** often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol.** Cover all surfaces of your hands and rub them together until they feel dry.
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.

### Avoid close contact



- **Avoid close contact** with people who are sick.
- **Stay at home as much as possible.**
- **Put distance between yourself and other people.**
  - » Remember that some people without symptoms may be able to spread the virus.
  - » Keeping distance from others is especially important for **people who are at higher risk of getting very sick.** <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html>



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

## 2020 OFFICER SEMINAR PHOTOS



L to R: Risk Manager Robert Quigley, General Manager of Operations Dave Carroll & General Manager Ken Gerasimos



L to R: Millville Captain Chris Gross With His Wife, Millville Barge Engineer Gabriel Rice With His Wife, Millville Chief Mate Michael O'Connell



L to R: John G. Munson Captain Rob Buczkowski, Cason J. Callaway Captain Tom Wickersham, Philip R. Clarke Captain Scott Hein, Cason J. Callaway Mate Don Parker



L to R: Cape Ray Captain Adam Blackwell, Port Engineer Tim Scott, SQE Manager Tim O'Connor



Manager of Information Technology Maryann Specht and Vice President of Engineering Mitch Koslow



Key Lakes Port Engineer Dave Hunt With His Wife Danielle

# KEYSTONE / KEY LAKES MASTER STEWARD PROGRAM

In February of 2019, our first two Senior Stewards, Ryan Hicks and Doug Rogers, went through the Master Class at the AMO Star Center in Dania, FL. Over a three week period, Shannon Agor, Alison DiPasqual, and the Star Center galley crew taught and hosted our two Senior Stewards various culinary techniques, took a deep dive into nutritional information for numerous food types, and had multiple offsite visits to vendors to get a complete education about all aspects of galley operations.

In addition to having to prepare a final tasting menu, Ryan and Doug were required to pick a relevant health topic to research, report, present, and cook. Ryan chose Diabetes and Doug selected obesity. Both presentations allowed Ryan and Doug to gain a deeper understanding of their respective topics in order to bring this knowledge back to their vessels and their daily menus.

The galleys on our Key Lakes vessels continue to prosper with such continual education, that is possible with the support from the AMO Plans, AMO Representatives, and the expertise and efforts from Shannon and Alison. Thanks to everyone involved in the program!

Congratulation to Ryan and Doug on being the first to gain the rank of Master Steward.

### Doug's Menu

- Grilled cajun glazed shrimp skewers in a spiced creole-honey mustard, with southern red beans and healthy smoked kale greens over quinoa pilaf
- Turkey tikka meatballs in a cucumber-mint masala yogurt cream, with yellow coconut rice and pan roasted Indian spiced peas with ginger and turmeric steamed cauliflower and peppers
- Grilled Tuscan tenderloin of pork, chickpea pasta martnara primavera with roasted crimini, mushrooms, cauliflower, heirloom tomatoes, peppers and fresh herbs

### Ryan's Menu

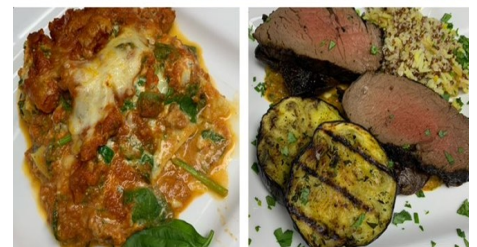
- Coffee-chipotle beef tenderloin roast, roasted pepper rouille, with brown rice and quinoa garlic smashed cauliflower, roasted brus-sels sprouts
- Gluten free lasagna with ricotta-cottage cream, with spinach, Italian chicken sausage and basil-garlic marinara sauce
- Roasted side of salmon with chermoiula, cilantro-garlic sauce, with garlic and herb grilled eggplant and jasmine rice pilaf



Doug's Menu



Ryan Preparing a Dish



Ryan's Menu



Ryan & Doug with Shanon & Alison



Pictured Left: Doug Admiring His Work

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## 2020 ENVIRO TARGETS



**If you have any suggestions or comments please submit them to Captain T. O'Connor**  
toconnor@keyship.com or  
**Frank Pierson**  
fperson@keyship.com



<p><b>Objective:</b> Regulated disposal of office and vessel used batteries</p> <p><b>Target:</b> Recycle office and vessel used batteries</p> <p><b>Indicator:</b> Receipts for disposed batteries</p>	<p><b>Objective:</b> Reduce the risk of pollution incidents from vessel cargo handling machinery</p> <p><b>Target:</b> Utilization of environmentally friendly non-sheening oil in various cargo handling equipment on deck:</p> <ul style="list-style-type: none"> <li>• Cranes</li> <li>• Booms</li> <li>• Stern Ramp</li> <li>• Side and port doors</li> </ul> <p><b>Indicator:</b> Annual listing of vessels which utilize the non-sheening oil and the equipment in which it is being used</p>	<p><b>Objective:</b> Reduce the risk of potential pollution incidents from deck mooring operations machinery</p> <p><b>Target:</b> Utilization of environmentally friendly non-sheening oil in various onboard deck mooring operations machinery and equipment</p> <ul style="list-style-type: none"> <li>• Anchor windlasses</li> <li>• Deck winches</li> </ul> <p><b>Indicator:</b> Annual listing of vessels which utilize the environmentally friendly oil and the equipment in which it is being used</p>
<p><b>Objective:</b> Reduce energy consumption on vessels in Reduced Operating Status</p> <p><b>Target:</b> Develop onboard practices, procedures and modifications for reducing energy usage onboard ROS vessels</p> <p><b>Indicator:</b> For vessels in ROS on shore power, develop baseline of current energy consumption in kilowatt hours. Monthly monitoring and annual measurement to determine that objective is being met</p>	<p><b>Objective:</b> Regulate proper disposal of electronic equipment for Keystone Offices (Bala and Duluth) as well as commercial vessels (Keystone and Key Lakes)</p> <p><b>Target:</b> To recycle used office electronic equipment</p> <p><b>Indicator:</b> IT disposal log of used electronic equipment</p>	<p><b>Objective:</b> Reduce energy consumption by changing to LED lighting where applicable</p> <p><b>Target:</b> One ship annually upgraded to LED lighting where applicable and continuous energy efficiency improvement in the fleet</p> <p><b>Indicator:</b> Annual measurement in our fleet</p>

## 2020 OFFICER SEMINAR PHOTOS CONT'D



Personnel Manager Frank Pierson and Cape Rise Master Brian Patten



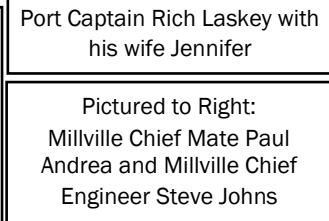
Port Captain Rich Laskey with his wife Jennifer



Intense Cornhole Battles during Beach Party



Pictured to Left: Great Republic Captain Jim Fisher with his wife Cloenda



Pictured to Right: Millville Chief Mate Paul Andrea and Millville Chief Engineer Steve Johns

